Course Syllabus

Spiritual Formation for Ministry (MC501)
Dr. Steven Klipowicz, Professor

2011 Class Dates

May 13-14  Friday: 6:30 – 9:30 p.m., Saturday: 8:30 a.m. – 4:30 p.m.
June 17-18  Friday: 6:30 – 9:30 p.m., Saturday: 8:30 a.m. – 4:30 p.m.
July 22-23  Friday: 6:30 – 9:30 p.m., Saturday: 8:30 a.m. – 4:30 p.m.

Online Office Hours:

June 9, 23, and July 14
8:00 – 10:00 p.m. for live chats with Dr. Klipowicz and Reid Satterfield.

Contact Information

Professor of Record

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Course Description:

Spiritual Formation for Ministry (MC501) is a foundational course in the Division of Church Ministry that explores the processes and goals of spiritual formation in the life of
the Christian minister, counselor or leader from a multi-disciplinary viewpoint including personal, biblical, theological, psychological, and historical perspectives. The student is introduced to the historic disciplines and practices of the Christian faith that promote intimacy with God and Christ-likeness in character with the goal of fostering ongoing personal vitality essential to ministry and the ability to facilitate spiritual renewal and consistent discipleship in others.

Relationship to Curriculum:

Spiritual Formation for Ministry (MC 501) serves as an appropriate substitute for Dynamics of Spiritual Life (MC/CH 591) in all degree programs. This course can also serve as a ministry option in the Master of Arts in Christian Counseling program. Students in the counseling program should arrange with the professor to develop a bibliography and projects that will correspond with the counseling degree.

Web-Enhanced Features

This course will be utilizing various Internet based learning approaches found on the SAKAI web portal that will be made available to students by the first class weekend. This will include student blogs, discussion boards, online office hours, and other elements of educational support. It will be expected that all students have Internet access.

Course Objectives:

The goal of this course is to develop a foundation for personal spiritual development in the student as a Christian leader in pastoral ministry or other callings. Adequate completion of assignments, projects, readings, and class activities should enable the student to demonstrate the following as objectives:

• Students will develop a personal philosophy of Christian spirituality and faith development that provides a solid biblical and theological rationale for the nature of spiritual life and growth and explains required factors for the cultivation of an intimate relationship with God and Christ-like character in community. This philosophy will aptly be anchored within the context of each student’s own faith tradition and community.

• The student will be able to recount the major streams and spiritualities fostered within the Christian tradition, comparing and contrasting key features.

• Students will articulate how their personality influences spiritual orientation and the process of spiritual and character formation.

• Students will learn to review and “exegete” their life narratives reflectively as a journey of faith and interpret life events in light of God’s sovereign purposes for spiritual formation and vocation.
• Students will be able to identify, articulate, and personally incorporate key Christian practices and disciplines of the spiritual life in a personal “rule of life.”

• Students will be able to identify both the primary and secondary elements of spiritual renewal and apply these factors to personal and congregational formation.

• Students will be able to provide a framework for the understanding and practice of spiritual mentoring and friendship.

• Students will comprehend the diverse workings of the Holy Spirit in the life of the Christian and how to facilitate the Spirit’s power and presence in the work of ministry.

**Attendance:**

Students are required to attend all sessions of the course. Unexcused absenteeism will result in a loss of grade points. If for reason of illness or family death or emergency, please contact Dr. Klipowicz regarding these events to determine appropriate make-up activities. For additional information concerning attendance, consult the *Student Handbook* requirements and guidelines.

**Required Personality Testing**

All Master of Divinity students should have completed at the onset of seminary the *Myers-Briggs Type Indicator (MBTI)*. Students should bring copies of this test score to class on June 17-18. **Students who have not taken this inventory should contact Dr. Klipowicz soon enough to set up a time to take it and have it scored before the second class period. There will be a charge of $20 to take the test.** Students who have completed the MBTI in other contexts should familiarize themselves with their type profiles before the second class.

**MC 501 Required Readings:**

The following books are required reading for the class. They should be read in their entirety unless otherwise noted:


Calhoun, Adele, *Spiritual Disciplines Handbook: Practices that Transform Us.* Downers Grove, IL: IVP, 2005. (This is a resource book and is not to be completely read)


**In addition, students will choose one of the following works read it completely as required reading:**


**A signed statement indicating the amount of reading completed should be submitted at the conclusion of the course.**

**Class Assignments:**

Grading for this course will be based upon the following assignments. Students will complete the following projects and exercises and submit them by the identified due date. Grades will be determined by the extent and quality of the work completed. Additional explanations of each project will be provided during the first class session.

**Assignment #1: My Spiritual Journey Narrative (Due 1st weekend)**

A person’s current sense of personal, spiritual, and ministerial identity is a product of one’s journey or story. To truly understand yourself, you need to tell your story and tell it often! Moreover, your story helps you understand and more deeply appreciate how God has in a sovereign manner demonstrated his grace, mercy, providence and provision for you. It also reveals how God used events to develop specific spiritual capacities in you.
such as an increased ability to pray, care for others, or patiently trust God. This assignment provides the opportunity for you to review your life history in terms of creating a spiritual narrative or autobiography. Your story should provide a view of your relationship to God and His people from your earliest memories to the present.

Your narrative text should be at least **8 pages long** (double spaced). Your narrative should identify the following points of your life:

- **Heritage:** What geographical, ethnic, family features, or history influenced your journey with God?
- **Acts and Scenes:** How can you divide your life in turns of phases and seasons with God?
- **Cast of Characters:** What relationships played a key role in influencing you for or against God?
- **Mountain Tops:** What times or experiences made you feel closest to God and why?
- **Turning Points:** What incidences were pivotal in your story with God?
- **Crucibles:** At which points of your story did you find yourself suffering? How did this suffering influence your relationship with God? Your understanding of yourself?

This assignment should be completed and brought to class on the first weekend of class (May 13-14). It will be worth a maximum of **50 points** and will be assessed according to the following criteria:

- Quality and clarity of writing
- Ability to analyze events of life from a spiritual and theological perspective

**Assignment #2: Personal Spiritual Assessment:** Using the format suggested by Adele Calhoun (p. 256-263), conduct a Spiritual Growth assessment on the 7 areas of your spiritual life. Afterwards, choose one discipline in each area (consult table of contents for disciplines in each of these 7 areas). Meet **three times** with someone you spiritually respect to serve as a spiritual advisor to discuss your assessment and the disciplines or practices you are using to further your growth in each area. Over a seven week during the summer, focus on one discipline per week.

Create a personal blog on the SAKAI website to act as a spiritual growth journal in which you daily reflect upon the specific practice or discipline for each week. You should explain weekly why you chose each discipline and provide a daily reflection on your experience with the chosen discipline. A final written report of 5-6 pages should be submitted by **August 31, 2011.** The report will include the following:

- A summary of your spiritual assessment on the Seven Areas (1 page)
- A summary of your discussions with your spiritual mentor or advisor (1 page)
• An evaluation of the spiritual disciplines/practices you chose in terms of their influence upon your life (2 pages) in light of your personality preferences (Mulholland, *Invitation to a Journey*)

• A one page “Rule of Life” for the coming school year developed as a result of your spiritual practices and spiritual conversations (1-2 pages). Guidelines for the Rule of Life will be discussed in the second class weekend.

The assignment will be worth up to **100 points** based upon your ability to complete all elements of the assignment, the depth of your Blog reflections on your spiritual journey this summer using specific disciplines, and the ability to develop a sustainable Rule of Life for the next year. Project is due on **August 31, 2011**.

**Assignment #3: Comparative Spirituality Paper:** For this assignment, you will work in teams of 4-5 students. Choose from the following list, one approach, tradition or school of Christian Spirituality for each member in the group to research. **One of the schools must be the Desert Fathers.** Each group member will be responsible to research a type of spirituality and develop a 3-4 page summary. The summary should include the following:

- A short historical sketch of the tradition of spirituality.
- A description of the approach using Simon Chan’s theological principles (p. 15 – 102)

Every member should share the written summary with the rest of the work group. After all the reports are distributed and read, the group should meet for a working session. This joint session can be a live meeting or can be conducted online or in a phone conference. The joint session should include the following:

1. A verbal report from each member of his or her research findings.
2. A discussion between team members analyzing these traditions by comparing and contrasting the various schools or approaches to spirituality
3. An evaluation of each approach in terms of its ability to sustain primary and secondary aspects of spiritual renewal (Richard Lovelace, *Dynamics of Spiritual Life*) in contemporary North American church culture.

As an outcome of this group research and deliberation, the following will be required from each group:

1. A 10-12 page report summarizing your group’s research, analysis, and evaluation. This will be due on August 31, 2010. One report per group.
2. Posting online (SAKAI site) a three page executive summary
3. Preparing a group presentation for the final class weekend (15 -20 minutes)

This project will be worth up to **100 points** per group member. It will be awarded based upon the quality of the group’s research, its ability to critically analyze and evaluate each
tradition or approach according to the frameworks required, and the ability to present the results in cogent writing and a clear class presentation.

**Schools or Approaches to Spirituality**

- Desert Fathers (required)
- Benedictine Monastic Spirituality
- Jesuit Spirituality (Ignatian)
- Classic Pentecostalism
- Deeper Life (Keswick and Miles Stanford’s Green Letters)
- Word of Faith teachings (Kenyon, Hagin, and Copeland)
- Wesleyan Formation
- Para-church (Campus Crusade or Navigators)
- Greek Orthodox Spirituality
- Quakerism
- English Spirituality (Anglican)
- Puritanism
- Reformed (American) Spirituality
- Emerging Contemplative Movement
- Others (Please have approval from Dr. Klipowicz)

**Assignment #4: Philosophy of Spiritual Formation:** Using Lovelace, Chan, Calhoun, Edwards and the other readings and lectures of the class, develop a Spiritual Formation Credo. This statement should summarize in a concise form your philosophy of spiritual vitality and formation in terms of what is spiritual intimacy and vitality, how is it fostered or diminished, and how can it be discerned or evaluated. This statement should be 4-5 pages long and should include both individual and corporate dimensions of spiritual formation.

This project will be worth up to **50 points** depending upon the quality of your Credo and the insightfulness and sustainability of the suggestions for personal and congregational formation and renewal. The project will be due **August 31, 2011**.

**All work for this course will be due no later than August 31, 2010.** Any extensions beyond this date must be determined and approved by the Registrar who will consult with the professor.

**Grading:**

Grades for the course will be determined by performance on the above exercises and projects. Students can achieve a total of 300 points from courses assignments with the following grade scale and assignment weighting:
Scoring Scale

270 – 300 points  A-/A
239 – 269 points  B-/B+
208 – 238 points  C-/C+
177 – 207 points  D-/D+

Completion of all course readings is worth 20 points. This has already been factored into the grade. For example, completion of 50% of the reading will result in a loss of 10 points.

All assignments are expected to be written on the level of graduate education. Incorrect grammar, spelling mistakes, and other indications of poor writing will result in the loss of grade points. Make sure you proof read your work before submitting it.

Course Schedule:

Weekend Module One: Understanding Your Spiritual Life (May 13-14)

June 4: 6:30 – 9:30 p.m.
- Orientation to Class and Assignments
- The Spiritual Heart of Ministry

June 5: 8:30 a.m. – 4:30 p.m.
- Calling and Vocation
- The Christian Practice of Formation
- Developing a Theology of Spiritual Life
- We are His Workmanship: Exegetes of the Journey

Student Assignments (to be completed prior to class on May 13-14):

Assignment One: My Spiritual Journey Narrative is due this weekend.

Read thoughtfully:

Chan: Chapters 1-5
Lovelace: Part one (p. 1-200)
Nouwen: Entire Book
Mulholland Entire Book

Weekend Module Two: Fostering Your Spiritual Life (June 17-18)

July 9-10:
• Formation and Transformation
• Personality and Preference
• Disciplines and Practices
• Fostering Character and Integrity
• Developing a Rule of Life
• Developmental Spiritual Relationships

Student Assignments (to be completed prior to class on June 17-18):

Read thoughtfully:

Brenner:   Chapter 1-7
Foster:    Entire Book
Chan:      Chapters 6-10

Weekend Module Three: Sharing Your Spiritual Life (July 22-23)

The Dynamics of Ministry

• Intercession
• Spiritual gifts
• The Presence and Power of the Holy Spirit
• Spiritual Warfare

Student Assignments (to be completed prior to class on July 22-23):

Student Presentations: Comparative Spirituality Research

Read thoughtfully:

Lovelace: Rest of Book
Chan: Chapters 11-12

General Bibliography


**Historical**


**Word**


**Prayer**


**Reflection**


**Reflection: Spiritual Direction and Disciple-Building**


Camp, Lee C. *Mere Discipleship: Radical Christianity in a Rebellious World*. Grand


**Community**


Ministerial Formation and Development


Boa, Kenneth, Conformed to His Image. (Grand Rapids: Zondervan, 2001).


Mulholland, M. Robert, Jr. Invitation to a Journey: A Road Map for Spiritual Formation. (InterVarsity Press, Downers Grove, IL, 1993).


**Ministerial Identity**


Piper, John. Brothers, *We are NOT Professionals.* (Broadman and Holman, Nashville, TN, 2002).

Tidball, Derek, *Skillful Shepherds.* (Grand Rapids: Zondervon, 1986).