CO 611 THEORIES OF PERSONALITY
Wednesday 8-11am
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Office hours posted on office door

"There is no deep knowing of God without a deep knowing of self and no deep knowing of self without a deep knowing of God." John Calvin Book I.1.1

COURSE OBJECTIVES

The objective of the course is to provide the student with meaningful opportunities to:

1. Develop knowledge and understanding of the major approaches to personality theory.

2. Become acquainted with major issues within the realm of personality theory, which prompted research and applications to clinical situations. To develop a theoretical basis for practical therapeutic purposes.

3. Integrate such knowledge and understanding with biblical anthropological data, theological postulates, and personal reflection.

COURSE REQUIREMENTS

I. Textbooks


Requirements:

Students are expected to attend all classes and to participate actively. Students will discuss all absences with the instructor. Absences of more than 3 hours will result in additional assignments or a grade penalty depending on the number of absences. Students will complete all reading and other assignments. Discuss all late assignments with the instructor. One point will be deducted from all late assignments per day late (including the weekend) and will not be accepted more than 1 week late.

Assignments

- 5 points Devotional
- 20 points Biblical anthropology
- 20 points Presentation on a theory of personality
Devotional
Each student will present one short 5-minute devotional on what it means that humanity is both made in the image of God and sinful. Provide the class with how your views inform how you live your life to God’s glory and to the welfare of his people.

Biblical anthropology
Describe what the Bible says about human personality. Include (1) how you integrate the Bible with psychology, (2) Are you monistic or dualistic or trichotomist? (3) What are the Bible’s basic assumptions about the nature of humans? (4) What are the primary characteristics of human personality according to the Bible? (5) What is a mature Christian personality?

Presentation on a theory of Personality
Present on a theory of personality alone or in a small group. Select a theory from the following: Jung, Adler, Horney, Fromm, Maslow, Allport, Rollo May, Kelly, Berne, Skinner, Bandura, Beck and Ellis. Millon, Eysenck, Frankl, Kegan, and Seligman.

Prepare a 30-minute presentation on the theory. (1) Include a clear description of at least 10 theory concepts. (2) What are the theorist’s basic assumptions about the nature of humans, e.g., are humans sinful? Do they begin with a tabula rasa? Is the theory reductionist or deterministic? (3) How does the theorist conceptualize the healthy and unhealthy individual? (4) What are the theory’s strengths and weaknesses? (5) Provide an analysis of whether this theory is consistent with Christianity. (6) Provide each member of the class with a handout that includes relevant resources.

Analysis of your personality
Using at least Freud, Erikson, Murray, the Big Five model, Object Relations, and Rogers, describe your personality. (1) Include the concepts of self (ego) and defenses; needs; the Big Five model (Openness, Conscientiousness, Extroversion, Agreeableness, Neuroticism); attachment; conditions of worth; and signature thoughts, feelings, and actions. In order to discuss your personality according to the Big Five model, complete the IPIP-NEO (International Personality Item Pool) Representation of the NEO PI-R™ (free: http://www.personal.psu.edu/~j5j/ipip/ipipneo300.htm) (in the public domain) and include the print out with your paper. (2) Discuss how you believe heredity and social processes have influenced your personality. Include a discussion of the influence of your family of origin and your culture.

Reading
Complete the reading statement at the end of the syllabus.

Course Outline

<table>
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<th>Session</th>
<th>Topic</th>
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<tr>
<td>January 29</td>
<td>Integration of psychology and Christianity; frameworks</td>
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1. Begin reading *Limning the Psychology*
2. John, Robins, & Pervin chapter 1

February 5  Conflict models (e.g., Freud, Murray)
1. John, Robins, & Pervin chapter 3

February 12  Psychosocial and object relations approaches

February 19  Reading Week
Write your biblical anthropology

February 26  Biblical anthropology discussion
1. You must have finished *Limning the Psyche*
2. Turn in your Biblical anthropology paper

March 5  Fulfillment models (e.g., Rogers)

March 12  Factor analytic approaches
1. John, Robins, & Pervin chapters 4-5

March 19  Reading Week
Prepare your presentation

March 26  Biological and developmental approaches; self and social processes
1. John, Robins, & Pervin chapters 9-22

April 2  Cognitive and motivational processes
1. John, Robins, & Pervin chapters 23-27

April 9  Emotion and self-regulation
1. John, Robins, & Pervin chapters 28-32

April 16  Presentations

April 23  Presentations

April 30  Presentations

May 5
1. Turn in Analysis of your personality
2. Turn in Reading Statement
3. Last day to submit written assignments or apply to Registrar (not to instructor) for extension if needed. Let the instructor know if you are applying for an extension.

READING STATEMENT
CO 611 Theories of Personality
NAME: _____________________________  Box #: _____________

I have read all the required reading:
   Handbook of Personality
   Limning the Psyche

__________________________________________________________  ____________
Signature                                      Date

OR

Of the required reading, I have read ____ % of the reading.

__________________________________________________________  ____________
Signature                                      Date

CO 611 BIBLIOGRAPHY


Freud, S. (1920). *Beyond the Pleasure Principle*.


