I. COURSE OBJECTIVES

The objective of the course is to provide the student with the opportunity to:

1. Develop a broad theoretical knowledge in the area of psychopathology, the empirical study of psychological disorders.

2. Be exposed to and develop an advanced understanding of abnormal psychology as it relates to the etiology, development and sustaining factors contributing to a wide range of psychological dysfunctions.

1. 3. Learn from the existent biological, social, psychological, and spiritual areas of explanation and research in psychopathology and to integrate such areas.

3. Focus on specific conditions and to learn to utilize the available systems of classification, such as DSM5, in a functional way.

4. Integrate theoretical, clinical, and practical knowledge in the formulation of cases, diagnosis and selection of proper modalities in treatment. Students are required to practice in writing at the graduate level as to learn to express the events and process of therapy in terms case presentations.

II. COURSE REQUIREMENTS

Textbooks:


These manuals are used by professionals in the field of health services—psychologists, psychiatrists, psychiatric nurses, clinical social workers, and counselors. The student is expected
to be acquainted with their content, dealing with diagnosis, research, and common classifications of mental disorders.

Recommended:


1. **Readings**: To develop a solid background, the student is encouraged to read from a variety of sources. Books, journals, and monographs are to be chosen from the bibliography attached to this syllabus or from personal choices, provided that these represent adequate material. It is expected that the student will read 2000 pp. for this course. A reading log is required and should include the following:

   1. Date
   2. Author
   3. Name of book, chapter, article in journal
   4. Number of pages - individual entries per reading and total number of pages at the end.

   Due: **May 5, 2017**

2. **Exams**: A Mid-term exam will be given on February 27, 2017; take-home type (due on **March 6, 2016**). A final take-home exam will be administered on April 24, 2016, to be returned by **May 1, 2016**. Short essay-type answers and conceptual answers will comprise most of the content of both mid-term and final exams.

3. **Term Paper**: A term paper is required for the course which is to be 12-14 pp. in length (double spaced) and should be completed in APA style. **It is due on May 5, 2017**

   The topic is open to the student's choice; it must deal with a discrete psychopathology (illness, syndrome, or dysfunction), mainly from areas such as mood disorders, anxiety disorders, psychosis, or character pathology. As an example, it may include the following:

   1. Description of the issue/problem/dysfunction with etiological considerations (dynamic/social/physiological/spiritual explanations as to probable origins and development of psychopathology).

   2. Current research done in the area, with treatment available and with a theoretical/practical emphasis. Issues and problems in classification and description of symptomatology, mental status, diagnosis, choice of treatments, outcomes, may be included. Brief statements as to the current approaches utilized in treatment of the problem described may be included. **The utilization of journals in the field is expected, beyond textbooks and topical texts.**
3. In case of uncertainty, the topical title may be presented to the instructor.

**Final Grade:** The final grade will reflect the results of the combined efforts represented by the quality of the term paper, the results of the take-home and final exam, and attendance/participation/the reading log. The composite score is derived from the following: Term paper 30%. Take home midterm 25%. Final take home exam 25%. Reading log/bibliography 20%.

**III. Class Format**

The first hour will be introductory, with presentations of the topics, focusing upon the problems, and some background information. Lectures will be supplemented with class discussion of cases, audio-visual aids, and participation in experiential triads. The second hour will focus on the outlined issues and problems, with topics to be assigned for each week. Students will interact in small groups, each assigned to describe, critique and/or defend a particular theoretical position related to the topic. The material for these discussions will be found in the textbook, in recommended readings, as well as from any relevant source such as the DSM IV, journals, etc. The third hour will be dedicated to integrating ideas, concepts, and to develop a comprehensive view of the previous discussions.

- Reading Weeks: February 20th. – 24th.; March 20th. – 24th., 2017
- Last day to submit written work, and file extension petitions is May 8, 2017
- Any extension beyond the deadlines stipulated in this syllabus will need to be filed with the registrar, demonstrating the cause for such extension.

**Attendance**

The student is expected to attend all classes and participate in the classroom experience. There will be one or two breaks each class period.

**Disability:** Gordon-Conwell Theological Seminary (GCTS) is in compliance with the provisions of the Americans with Disabilities Act. A student who meets GCTS' Disability Accommodation Policy criteria, needs to inform Student Life Services in writing about his/her condition. Then, discuss with the course’s professor the logistics pertaining to the disability requiring accommodation.

**Office Hours**

Dr. Polischuk's box is #222; his phone: 978-646-4116; e-mail: pablo@gordonconwell.edu. While the ultimate responsibility for how well a student does in the course lies with the student, the instructor is available to help students succeed along the completion of the course in whatever ways he can. To that end, sign-up office hours are available, to be arranged through the Counseling office. Other special needs of an academic nature which necessitate further attention may be arranged by appointment.
CO 710 Psychopathology
Course Outline

Proposed Topics

1. Introduction to the course. Psychopathology in perspective. Definitions and classifications. Nosology and diagnosis classification (DSM 5; and ICD-10) and nomenclature.

2. Assessment Issues in clinical work. Contributors to pathology: Genetics; psychobiological reflections; environment, ecosystems; psychodynamic and social aspects.

3. Anxiety Disorders, Panic disorders, and Phobias.
   Issues: Obsessive-Compulsive disorders; spirituality and the quest for perfection and existential anxiety.

4. Major affective disorders. Bipolar Disorders
   Issues: Depression in perspective: Models, treatments.

5. Trauma and Stress Related Disorders


8. Personality Disorders –Character pathology; OCD;

   Eating disorders: Bulimia, anorexia

10. Addictive behaviors. Alcohol, drugs, and sexual addictions.
    Medical, behavioral, and theological models.

    Issue: Developmental issues, psychopathology vs. lifestyles

12. Integrative efforts. Course summary and concluding comments: Psychopathology, redemption, restoration to wholeness.
CO 710 PSYCHOPATHOLOGY

BIBLIOGRAPHY


Understanding the causes of psychiatric and substance use disorders. The Guilford Press.


Comprehensive Christian Appraisal. InterVarsity.

Journals:

American Psychologist
American Journal of Psychiatry
Archives of General Psychiatry
British Journal of Psychiatry
Clinical Psychology Review
Journal of Abnormal Psychology
Journal of Consulting and Clinical Psychology
Journal of Nervous and Mental Disease
Journal of Personality Disorders
Psychological Bulletin

NOTE: As a student registered in this course, you have access to the following site:

http://proxy.gordonconwell.edu/login/symptommedia

You may log in with your GCTS name and password. Follow the instructions found in the site for the following vignettes:

Volume 2 New Releases: Assessment Tools
Mental Status Exam Series:
B-1. Virgil (13:50)
B-2. Joseph (14:31)
B-3. Barbara (11:32)
B-4. Peter (13:10)
B-5. Evelyn (11:43)
B-6. Franklin (12:07)

Anxiety Assessment Series
A-1. Carol (19:00)
A-2. Kim (2:45)
A-3. Lisa (5:20)
A-4. Mrs. Bennett (6:40)
A-5. Lindsay (8:15)
A-6. Joe (7:56)

DSM 5 Guided Child & Adolescent Series
Separation Anxiety Disorder: Matilda (10:19)

DSM 5 Case Scenarios Series
Agoraphobia: Mrs. Weidre (7:56)
Generalized Anxiety Disorder: Mrs. Resnick (5:56)
Panic Disorder: Ron (5:52)