COURSE DESCRIPTION:
This course provides students with an overview of biological, psychological, behavioral, and theological material concerning human sexuality. Topics will cover the basics of theology of sexuality, human anatomy, sexual cycles/phases, sexual problems, dysfunctions, and treatments. Special topics may include sexual abuse, disability, aging, pornography, commercial sex, contraception, pregnancy, abortion, sexually transmitted infections, sex and the media, the connection between sexuality and spirituality, with considerations of theological perspectives on the preceding topics.

COURSE OBJECTIVES:
The learning objectives for this course include students achieving an understanding of:
1. Biblical and theological perspectives on human sexuality
2. Their own sexual development integrated with their faith and practice, for the purpose of preparation for working in a therapeutic setting.
3. The biological process of the male and female reproductive system and how it changes across the lifespan
4. The sexual response and experiences of men and women
5. How to talk to children and help parents talk to children about sex
6. Identifying common sexual questions, myths, and dysfunctions how they develop and are overcome
7. Various topics related to atypical sexual behavior
8. The symptoms, process of transmission, diagnosis, treatment, and risk management of sexually transmitted infections
9. Sex therapy techniques and treatment planning

TEXTBOOKS


**Required Reading:**
To develop an adequate foundation in understanding human sexuality, students are expected to read from a variety of sources. In addition to the textbooks, readings may be chosen from the appended bibliography, the bibliographies in the textbooks, or books or articles from the primary literature selected by the students provided they pertain to the topics covered by this course. Appropriate video viewing or seminar attendance may also count towards this assignment, at the rate of 33 pages per hour of viewing/attending, with a maximum of 6 hours.

The student will keep account of these readings by means of a log that shall include the following components, using APA style format:

1. Author(s), Title of the book, chapter, or journal article, Publisher and year of publication
2. Number of pages read by source (total pages read should also be tallied on first page)
3. Brief summary of the central ideas and concepts presented. Journal articles can be summarized in a paragraph (at least 200 words), and books can be summarized in one-half to one page, typed single spaced.

Although the core of the grade for this assignment is based on the number of pages read, the nuance (+/-) is based on the quality of the annotation.

Grading will be as follows:
- A = 1800+ pages read
- B = 1500-1799 pages read
- C = 1100-1499 pages read
- D = 800-1099 pages read

**Due date: August 5, 2013**

**COURSE REQUIREMENTS:**

**Writing Assignments:**
File names of submitted assignments should include the student’s name. Lateness will be penalized 1 point for each day an assignment is late. Excessive or insufficient length will be penalized 1/2 letter grade per page over/under limits. Failure to use APA format will be penalized 1/2 to 1 letter grade, depending on the errors. Assistance with correct APA format is available online in Counseling Central, under Program Documents (see also http://owl.english.purdue.edu/owl/section/2/10/).

Plagiarism is considered a serious academic offense at GCTS. Please note the guidelines at http://www.indiana.edu/~wts/wts/plagiarism.html.

Attendance and full participation is expected during all class meetings. If you miss up to three hours of class for any reason, you can either choose to (1) Have five points deducted from your final course grade or (2) Submit an annotation for an additional 500 pages of reading pertaining to course content as well as making up any pertinent assignments related to missed content to be decided by professor.
1. **Theology of Sexuality**: One paper will be a summary of the student’s theology of sexuality. This will include biblical and theological references, and include perspectives on normative sexuality, sexuality in marriage, and an explication of sin and sexuality. 
   **FORMAT**: Ten to twelve (10-12) pages, plus a bibliography presented in APA style. 
   **Due date: August 5, 2013**

2. **Sex in media**: Students will develop an understanding how sex is presented in the media and the effects of this on individuals and their understanding and experience of their sexuality.

   **Sex in magazines**: During the week in which the class meets, the class will break out into small groups for this assignment. Each group will review two magazines, one aimed at women and one aimed at men. Review will focus on how sex and sexuality is presented to the readers, attending to gender differences and stereotypes. Discussion and critique should focus on personal, psychological, and theological/biblical perspectives. During the two weeks following class, each group will construct a summary of their discussion and conclusions. 
   **Final due date for completion is 4:00 PM of Friday, July 15, 2013**

3. **Reflection paper**: Students are to submit a reflection paper on their personal sexual development and impact it may have on their comfort and approach to sexual topics when they come up in counseling sessions. 
   **FORMAT**: 1-2 page reflection paper. 
   **Due date: July 31, 2013.**

**GRADING:**
The student’s final grade in this course is based on writing assignments and exams, distributed as follows: 
- Media assignment 20% 
- Reflection paper 20% 
- Theology of sex paper 40% 
- Annotated bibliography 20%
COURSE OUTLINE:
Day 1-2 Biblical and theological studies of sex, sexuality and sexual behavior 
Basics of human sexuality, including biological and psychological development 
Readings: Dawn, Sexual Character 
    Longman, Song of Songs 
    McMinn, Sexuality and Holy Longings 

Day 3-4: Sexual anatomy and expression, including physical and emotional patterns of sexual response, differences in responses of men and women 
Ancillary topics in sexuality, including some of the following: contraception, ART, abortion, commercialization, gender, orientation, violence and pornography 
Readings: Schnarch, Intimacy & Desire 

Day 5: Sexual problems and dysfunctions, including male and female diagnoses, and sexually transmitted diseases 
Sex therapy 
Readings: Leiblum, Principles and Practice of Sex Therapy 

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READING LIST


