GORDON CONWELL
THEOLOGICAL SEMINARY

The Women's Fitness Room is reopening on the first floor of Kerr!

All participants must comply with the following guidelines:

- Please sign in when you work out, so that we can track how many women are using the equipment and at what times.
- The fitness room is always open for your use.
- Only a total of 5 women may work out at a time. Otherwise, you'll need to wait outside of the fitness room for someone to exit.
- Masks must be worn at all times during your work out.
- Keep distanced from anyone else using the machines—stay at least one machine apart.
- Clean your machine with a Clorox wipe or with a paper towel & spray bottle after each use.

For New users:

- You must go through an orientation with someone in order to be trained on how to use the machines, if you have not done one previously.
- You will need to get a key pass from Physical Plant. Send an email to: mrfixit@gordonconwell.edu to request an application.