

# Sampling of Therapeutic Resources

(UPDATED 12/15/08)

**Please Note:** Some resources are Christian-based and some are not. Many of the resources listed are not in the Greater Charlotte area. Gordon-Conwell Theological Seminary does not endorse any particular service or agency.

## **Domestic Abuse and Sexual Assault**

### **Battered Woman's Shelter Hotline and Shelter**

*Phone:* 704-332-2513

### **North Carolina Victim Assistance Network (NCVAN)**

*Address:* 410 Morrison St. Raleigh, NC 27601-1558

*Phone:* 800-348-5068

**Website:** <http://www.nc-van.org>

### **NOVA (New Options for Violent Actions)**

*Address:* 3623 Labtrobe Dr., Suite 107 Charlotte, NC 28211

*Phone:* 704-336-4344

**Website:** <http://www.charmeck.org/Departments/Womens+Commission/NOVA/home.htm>

### **RAINN - Rape Abuse Incest National Network**

*Phone:* 800-656-HOPE (4673) **(24 Hours)**

**Website:** <http://www.rainn.org/>

### **Rape Crisis Assistance Hotline**

*Address:* 601 E. 5th St., Suite 400 Charlotte, NC 28202

*Phone:* 704-375-9900 **(24 Hours)**

**Website:** <http://www.unitedfamilyservices.org/>

### **The Rave Project**

*Phone:* 504- 453-4659

**Website:** <http://www.theraveproject.org/>

## **Drug and Alcohol Abuse**

### **Alcoholics Anonymous**

*Address:* 1427 South Blvd., Suite 106, Charlotte, NC 28203

*Phone:* 704-332-4387

**Website:** <http://www.charlotteaa.org/>

### **Al-Anon Family Groups**

*Address:* 4800 Wedgewood Dr. Charlotte, NC 28210

*Phone:* 704-523-1159

**Website:** <http://www.alanoncharlotte.org/>

**Bethel Colony of Mercy**

*Address:* 1675 Bethel Colony Road, Lenoir, NC 28645

*Phone:* 704.754.3781

**Website:** <http://www.bethelcolony.org/>

**Dilworth Center**

*Address:* 2240 Park Road, Charlotte, NC 28203

*Phone:* 704-372-6969

**Website:** <http://www.dilworthcenter.org/>

**Dove's Nest/ Rebound**

*Phone:* 704.334.4635

**Website:** <http://charlotterescuemission.org/dovesnest.php>  
<http://charlotterescuemission.org/reboundmens.php>

**Drug Abuse Hotline**

*Phone:* 1-800-662-4357

**Hebron Colony/Grace Home**

*Address:* 356 Old Turnpike Road, Boone, NC 28607

*Phone:* 828.963.4842

**Website:** <http://www.hebroncolony.org/>

**Malachi House**

*Address:* 507 Balboa Street, Greensboro, NC 27405

*Phone:* 336-275-2500

**Website:** [www.malachihouse.net](http://www.malachihouse.net)

**McLeod Center**

*Address:* 145 Remount Rd. Charlotte, NC 28203

*Phone:* 704-332-9001

**Website:** <http://www.mcleodcenter.com/>

**Mecklenburg County Area Mental Health, Developmental Disabilities  
and Substance Abuse Authority**

*Address:* 3430 Wheatley Ave. Charlotte, NC 28205

*Phone:* 704-336-2227

**Website:** <http://www.charmeck.org/Departments/Area+Mental+Health/>

**Oxford House**

*Phone:* 704-532-9538, 704-568-0649,  
704-531-9811, 704-563-2133

**Website:** <http://www.oxfordhouse.org/>

## **Other Counseling Resources**

### **Adolescent Programs**

#### **Eckerd Wilderness Educational System RTC (Southeast and North)**

*Address:* P.O. Box 7450, Clearwater, FL 33758-7450

*Phone:* 800-554-4357

*Website:* <http://www.eckerd.org/Help/therapeutic.html>

#### **HeartLight**

*Address:* 7345 E. Highway 80, Hallsville, Texas 75650

*Phone:* 903-668-3453

*Website:* <http://www.heartlightministries.org/index.htm>

#### **The Lord's Ranch**

*Address:* P.O. Box 700, Warm Springs, AR 72478

*Phone:* 501-647-2541

#### **New Hope (Teenage Sexual Offenders)**

*Address:* 225 Midland Parkway, Summerville, SC 29485

*Phone:* 800-776-6482

#### **New Life Girls Homes (Canada)**

*Address:* P.O. Box 149, 112 Edward St, Consecon, ON K0K 1T0

*Phone:* 613-394-3341

*Website:* <http://newlifegirlshome.com/index.php>

#### **The Relatives (Runaway Crisis)**

*Address:* 1100 East Blvd, Charlotte NC 28203

*Phone:* 704-377-0602

*Website:* <http://www.therelatives.org/index.html>

#### **Teen Challenge**

[www.teenchallengeusa.com](http://www.teenchallengeusa.com)

#### **Three Springs (new in NC)**

*Address:* 2480 Hadley Mill Rd, Pittsboro, NC 27312

*Phone:* 919-542-1104

*Website:* <http://www.threesprings.com/>

#### **Turnabout Ranch**

*Address:* 280 North 300 East, PO Box 345, Escalante, Utah 84726

*Phone:* 800-842-1165

*Website:* <http://www.turnaboutranch.com/>

#### **With Friends (Runaway Crisis)**

*Address:* 2098 Keith Drive, Gastonia, NC 28054

*Phone:* 704-866-7774

*Website:* <http://www.withfriendsyouthshelter.org/>

## **Adult Transitional Living**

### **Caramore Community (Thought Disorders)**

*Address:* 550 Smith Level Road, Carrboro, NC 27510

*Phone:* 919-967-3402

**Website:** <http://www.caramore.org/>

## **Children**

### **Alexander Children's Home (6 to 12)**

*Address:* 6220 Thermal Road, Charlotte, NC 28211

*Phone:* 704-366-8712

**Website:** <http://www.alexanderyouthnetwork.org/about.html>

### **York Place**

*Address:* 234 Kings Mountain St, York, SC 29745

*Phone:* 803-684-4011

**Website:** <http://www.yorkplace.org/>

### **Elon Homes (Specialized Foster Care)**

*Address:* 1717 Sharon Road West, Charlotte, NC 28210

*Phone:* 704-369-2500, ext. 530,534

**Website:** [http://www.elonhomes.org/s\\_fostercare.shtml](http://www.elonhomes.org/s_fostercare.shtml)

## **Counseling Centers, General**

### **Agape Christian Counseling**

*Address:* 118 Sardis Road North, Suite 216, Charlotte, NC 28270

*Phone:* 704.849.0144

**Website:** <http://www.agapechristiancounseling.org/>

### **The Barnabas Center**

*Address:* 413 S Sharon Amity Rd, Ste C, Charlotte, NC 28211

*Phone:* 704-365-4545

**Website:** <http://www.thebarnabascenter.org/>

### **Jack Basey**

*Phone:* 803-366-3107

### **Care Counseling Center**

*Address:* 2318 N. Hwy 16, Denver, NC 28037

*Phone:* 704.483.2273

**Website:** <http://www.DrShanyn.com> or <http://www.drshannon.com>

### **Carmel Baptist Counseling Center**

*Address:* 1145 Pineville-Matthews Road, Matthews, 28105

*Phone:* 704-849-0686

**Critical Freedom Counseling and Coaching**

Address: 510 S. Torrence St., Charlotte, NC 28204

Phone: 704-907-2898

Website: [CriticalFreedom1@aol.com](mailto:CriticalFreedom1@aol.com)

**Eating Disorders****Eating Disorder Clinic at USC**

Address: 409 Devine Street, Columbia, SC 29208

Phone: 803-777-3175

Website: <http://www.sa.sc.edu/shs/chdc/eatingdisorders>

**Remuda Ranch** *(Also newly opened in Virginia)*

Address: One East Apache Street, Wickenburg, AZ 85390

Phone: 800-445-1900

Website: <http://www.remudaranch.com/general/inpatient/>

**The Renfrew Center**

Address: 7700 Renfrew Lane, Coconut Creek, FL 33073

Phone: 954-698-9007

Website: <http://www.renfrewcenter.com/locations/location.asp?id=3>

**River Oaks Hospital** (Masters and Johnson)

Address: 1525 River Oaks Road West, New Orleans, LA 70123

Phone: 800-366-1740

Website: [http://www.riveroakshospital.com/specialty\\_edtc\\_aspfh.html](http://www.riveroakshospital.com/specialty_edtc_aspfh.html)

**Mental Health Services, General****Behavioral Health Center**

*6 locations in Greater Charlotte and Kings Mountain*

Phone: 800-418-2065

Website: <http://www.carolinashalthcare.org/services/behavioral/index.cfm>

**Miscellaneous****Alzheimer's Memory Center**

Address: 485 N Wendover Road, Charlotte, NC 28211

Phone: 704-364-4000

Website: <http://www.amcneurology.com/>

**Christian Adoption Services**

Address: 624 Matthews-Mint Hill Rd, Suite 134, Matthews, NC 28105

Phone: 704-847-0038

Website: <http://www.christianadopt.org/>

**Crisis Assistance Center**

*Address:* 500-A Spratt Street, Charlotte, NC 28206

*Phone:* 704-371-3001

*Website:* <http://www.crisisassistance.org/>

**Pregnancy Resource Center**

*Address:* 1505 East 4<sup>th</sup> St, Charlotte, NC 28204

*Phone:* 704-372-5981

*Website:* <http://www.prccharlotte.com/>

**Psychiatric Emergency Services****Carolinas Medical Center (CMC Randolph)**

*Address:* 501 Billingsley Rd, Charlotte, NC 28211

*Phone:* 800-418-2065

*Website:* <http://www.carolinasmedicalcenter.org/body.cfm?id=806&oTopID=800>

**Presbyterian Hospital Emergency Room**

*Phone:* 704-384-4000 (Midtown)

**Psychiatry****Eastover Psychiatry**

*Address:* 3303 Latrobe Drive, Charlotte, NC 28211

*Phone:* 704.362.2663

*Weblink:* <http://www.healthbanks.com/PatientPortal/MyPractice.aspx?UCID={F4F4E7FE-B526-47C2-AAAD-66178BEEA9D2}&TabID={1}&Access=Preview>

**James Lee, MD**

*Address:* 7731-100 Little Avenue, Charlotte, NC 28226

*Phone:* 704-542-4544

**Stonecrest Psychiatric Associates**

*Children and Adolescents (Cathy Hickman)*

*Address:* 5113 Piper Station Dr, Charlotte, NC 28277

*Phone:* 704-541-4242

**University Psychiatry**

*Address:* 8320 University Executive Park Drive, Suite 104, Charlotte, NC 28262

*Phone:* 704-549-8797

*Website:* <http://www.universitypsychiatric.com/>

**Psychological Services and Counseling****Carolinas Counseling Group**

*Address:* 7401 Carmel Exec Park Dr, Ste 210, Charlotte, 28226

*Phone:* 704-752-8414

*Website:* <http://carolinas-counseling.com/>

**Southeast Psychological Services**

Address: 6115 Park South Dr., Charlotte, 28210

Phone: 704-552-0116

Website: <http://southeastpsych.com/>

**Support Groups****Divorce Care**

*Pineville Church of the Nazarene*

Address: 8614 Pineville-Matthews Rd Charlotte 28226

Phone: 704-542-3618

**HOPE (Helping Overweight People Embrace)**

*Harris YMCA*

Address: 5900 Quail Hollow Rd, Charlotte, 28210

Phone: 704-716-6800

**Sexual Addiction****Bethesda Workshops**

Address: 3710 Franklin Rd, Nashville, TN 37204

Phone: 866-464-4325

Website: <http://www.bethesdaworkshops.org/index.cfm>

**Faithful and True Ministries**

Address: 15798 Venture Lane, Eden Prairie, Minnesota 55344

Phone: 952-746-3882

Website: <http://www.faithfulandtrueministries.org>

**Heart to Heart Counseling Center**

Address: 5080 Mark Dabling Blvd, Colorado Springs, CO 80918

Phone: 719.278.3708

Website: <http://www.sexaddict.com>

**The Meadows**

Address: 1655 N. Tegner St, Wickenburg, AZ 85390

Phone: 800-632-3697

Website: <http://www.themeadows.org>

**Sexaholics Anonymous**

Website: <http://www.sa.org/>

**Sex Addicts Anonymous**

Website: [www.saa-recovery.org/](http://www.saa-recovery.org/)