

E. CAROLINA BENITEZ, PhD, LCMHC-QS, NCC
CURRICULUM VITAE
cbenitez@gordonconwell.edu

CURRENT APPOINTMENT

July 2018 Assistant Professor of Counseling, Gordon-Conwell Theological Seminary (MACC)
Clinical Training Coordinator, Gordon-Conwell Theological Seminary (MACC)
July 2018 Clinical Director of Behavioral Health, Camino Clinic, Camino Community Center
July 2014 Counselor, Hickory Grove Counseling Center

EDUCATION AND PROFESSIONAL CREDENTIALS

Degrees

May 2018 Doctor of Philosophy, Counselor Education and Supervision—University of North Carolina at Charlotte
May 2014 Master of Arts, Clinical Mental Health Counseling—Columbia International University
July 2011 Bachelor of Arts, Spanish—University of North Carolina at Charlotte

Licenses

2020 – Present Licensed Clinical Mental Health Counselor Qualified Supervisor, North Carolina # QS126041
2016 – Present Certified Relationship Educator for PREP 8.0, Within Our Reach, and A Nuestro Alcance
2014 – Present Licensed Clinical Mental Health Counselor, North Carolina # 10962
2012 – Present Certified Prepare/Enrich Facilitator

RESEARCH INTERESTS

My research focuses primarily on Latino mental health concerns, and the development of culturally appropriate strategies for providing mental health services to immigrant and underserved families, couples, and individuals.

Dissertation: Benitez, E. C. *Contributions of documentation status, spiritual coping, and acculturation on the stress level of adult Hispanic immigrants.*

CLINICAL POSITIONS

August 2014 – Present Counselor, Private Practice at Hickory Grove Counseling Center (Charlotte, NC)
January 2015 – May 2017 Counselor, Bethesda Health Center (Charlotte, NC)
May 2013 – May 2014 Counselor Intern, Hickory Grove Counseling Center (Charlotte, NC)

SUPERVISION EXPERIENCE

July 2018 – Present Faculty Supervisor, Gordon-Conwell Theological Seminary (MACC)
July 2018 – Present Clinical Director, Camino Clinic at Camino Community Center (Charlotte, NC)

TEACHING/CURRICULUM DEVELOPMENT

University of North Carolina at Charlotte (Charlotte, NC)

Ph.D. Student

CSLG 6153: Diagnosis and Treatment in Counseling, *Co-instructor*
CSLG 6000: Topics in Counseling: Couples Counseling, *Co-instructor*
CSLG 6100: Counseling Theories, *Co-instructor*
CLSG 6110: Advanced Counseling Techniques, *Co-instructor*
CSLG 6200: Introduction to Theories of Family Counseling, *Co-instructor*
UCOL 1200: Freshman Seminar, *Instructor (Graduate Assistantship)*
UCOL 1300-003: Academic Success Seminar, *Instructor*
UCOL 1300-004: Academic Success Seminar, *Instructor*
CSLG 6200: Theories of Family Counseling, *Instructor (Adjunct Faculty)*

Gordon-Conwell Theological Seminary (Charlotte, NC)

Assistant Professor of Counseling

CO699: Research Methods and Design
CO875: Internship/Practicum Group Supervision, *Instructor/Faculty Supervisor*
CO710: Psychopathology
CO719: Human Sexuality

Online Course Development

CO719: Human Sexuality

University of North Carolina at Charlotte (Charlotte, NC)

Adjunct Professor in Counseling

CSLG6110: Counseling Techniques, *Instructor*

RESEARCH

Book Chapters

***Benitez, E. C.** (2020). Clients of Latino American Descent. In *Counseling with Cultural Responsiveness, Humility, and Empathy for Diverse People*.

***Benitez, E. C.**, Gutierrez, D. (2019). Familias Fuertes: Strength-based Approaches to working with Latino Immigrant Families. In *Intercultural Perspectives in Family Counseling*. New York, NY: Taylor and Francis.

Other Publications

Davis, P.S., **E. C. Benitez** (2020). Ayudando a los Niños a Sobrellevar una Pandemia. *Imagine Church Pastor's Blog*. Retrieved from <https://imaginechurchnow.org/blog/helping-children-cope-through-a-pandemic/>.

PROFESSIONAL PRESENTATIONS

National

Benitez, E. C., Interiano C. G. (October, 2019). *Supervision Across Languages: An Invitation to Bilingual Supervisors*. Round table to be presented at the Association for Counselor Education and Supervision Conference (ACES). Seattle, WA.

***Benitez, E. C.**, Suclupe, R. (May, 2019). *The Need for Grief Group Work in Latinx Communities*. Education session to be presented at the International Association for Social Work with Groups Conference (IASWG). New York, NY.

Benitez, E. C., Interiano, C. G. (April, 2018). Let's Talk Politics: The Impact of Global Events and Social Media on Mental Health. Poster session presented at the American Counseling Association Conference (ACA). Atlanta, GA.

Benitez, E. C. (July, 2017). *Latino Spirituality: Implications for Counseling*. Education session presented at the Association for Spiritual, Ethical, and Religious Values in Counseling Conference (ASERVIC). Richmond, VA.

*Gutierrez, D., **Benitez, E. C.**, Cruz-Ortega, L.G. (April, 2017). *Latino Mental Health: Problems and Solutions*. Education session presented at the American Counseling Association Conference (ACA). San Francisco, CA.

Regional, State, and Local

Johnson, D., **Benitez, E. C.** (February, 2020). *Treating Substance Use Disorders Among Latinos: What You Need to Know*. N. C. Counseling Association Conference (NCCA). Charlotte, NC.

Maclin, V., **Benitez, E. C.** (February, 2019). *Counseling Latinos and Black: Race, Religion, & Culture*. Presented at N. C. Counseling Association Conference (NCCA). Durham, NC.

*Revens, K., **Benitez, E. C.**, Gutierrez, D., Suclupe, R., Peterman, A., DeHaven, M. (March, 2017). *Tu No Estas Solo Program Evaluation*. Presented at the Graduate Research Symposium at the University of North Carolina at Charlotte. Charlotte, NC.

INVITED PRESENTATIONS/SEMINARS

Benitez, E. C. (September, 2019). *Invest in Your Mental Well-being*. Invited panel member at the 2019 LEAD for Women Charlotte Annual Symposium presented by Bank of America. Charlotte, NC.

Benitez, E. C. (May, 2019). *Household Food Insecurity and Mental Health*. Invited panel member at the Annual Charlotte Food & Social Mobility Summit presented by Duke University—Sanford School of Public Policy/World Food Policy Center, Charlotte, NC.

Benitez, E. C. (April, 2019). *Breaking Through the Social Determinant of Health Barriers*. Invited panel member at the Annual Charlotte Regional Business Alliance Health Care Summit. Charlotte, NC.

Benitez, E. C. (April, 2019). *Working with Latinos, Immigrants, and Undocumented Populations in the U.S.* Guest lecture, Social and Cultural Foundations in Counseling Course. Jacksonville University, Jacksonville, FL.

Benitez, E. C. (March, 2019). *Inteligencia Emocional de los Bebés*. Invited panel member at 1st Annual Vida y Salud Expo. Charlotte, NC.

Benitez, E. C. (May, 2018). *Familias Fuertes: Una Conversación Comunitaria*. Presented at 2nd Annual Latinx Mental Health Summit, “Acogiendo Familias, Conectando Comunidades”. Charlotte, NC.

Benitez, E. C. (November, 2017). *Latinos and Mental Health: The Integration of Faith and Counseling*. Presented at 1st Annual Latino Clergy Conference, “The Role of the Faith Community in Building a Health Community”. Charlotte, NC.

Merrill, E., **Benitez, E. C.** (October, 2016). *Without a Home: Counseling those in Crisis*. Presented at the 9th Annual Dr. Bob Barret Distinguished Lecture Series on Multicultural Issues in Counseling. Charlotte, NC.

*Gutierrez, D., **Benitez, E. C.** (October, 2016). *Latino Mental Health: Problems and Solutions*. Presented at the 9th Annual Dr. Bob Barret Distinguished Lecture Series on Multicultural Issues in Counseling. Charlotte, NC.

GRANTS

Benitez, E. C., Principal Investigator. *Familias Fuertes, Comunidades Unidas: Strong Families, United Communities* (\$28,250). 2019 Charlotte Mecklenburg Community Foundation - Family Stability Award, September 2019

Suclupe, R., **Benitez, E. C.**, Co-Investigator, *The Need for Grief Group Work in Latinx Communities* (\$5,000). Share Charlotte, #Charlotte250 Legacy Projects, April, 2019

CONFERENCE ATTENDANCE

March 2020 – Christian Association for Psychological Studies (CAPS). Atlanta, GA.

February 2020 – North Carolina Counseling Association (NCCA). Charlotte, NC.

October 2019 – Association for Counselor Education and Supervision Conference (ACES). Seattle, WA.

May 2019 – International Association for Social Work with Groups Conference (IASWG). New York, NY.

March 2019 – American Counseling Association (ACA). New Orleans, LA.

February 2019 – North Carolina Counseling Association (NCCA). Durham, NC.

October 2018 – Southern Association for Counselor Education and Supervision Conference (SACES). Myrtle Beach, SC.

April 2018 – American Counseling Association Conference (ACA). Atlanta, GA.

October 2017 – Association for Counselor Education and Supervision Conference (ACES). Chicago, IL.

July 2017 – Association for Spiritual, Ethical, and Religious Values in Counseling Conference (ASERVIC). Richmond, VA.

April 2017 – American Counseling Association Conference (ACA). San Francisco, CA.

PROFESSIONAL MEMBERSHIPS

2019 – Present North Carolina Counseling Association (NCCA)

2019 – Present International Association for Social Work with Groups (IASWG)

2018 – Present	Association for Counselor Education and Supervision (ACES)
2018 – Present	National Board for Certified Counselors (NBCC)
2018 – Present	Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC)
2017 – Present	Chi Sigma Iota (CSI—Counselor Educator Honor Society)
2014 – Present	American Counseling Association (ACA)

INSTITUTIONAL SERVICE

2019 – Present	Faculty Lead, Diversity Council (Gordon-Conwell, Charlotte)
2018 – Present	Program Clinical Training Coordinator, M.A. in Christian Counseling (Gordon-Conwell, Charlotte)
2018 – Present	Academic Affairs Committee (Gordon-Conwell, Charlotte)

COMMUNITY SERVICE AND ADVOCACY

2020 – Present	Hispanic / Latino Community Leadership Council (Charlotte, NC)
2018 – Present	Back 2 School Children's Fair (Camino Community Center)
2018 – Present	Comité de Panificación para la Feria de Salud Mental (Camino Community Center)
2018 – Present	Christian Emphasis Committee (YMCA of Greater Charlotte)
2017 – Present	Latino Mental Health Summit Planning Committee (Camino Community Center)
2015 – 2018	Academy for Research on Community Health, Engagement, and Services (University of North Carolina at Charlotte)
2015	Counselor and Research team member, Bethesda Health Center and UNCC partnership to develop counseling capacity at community-based free clinic serving low-income Latinos (Charlotte, NC)

FOREIGN LANGUAGE FLUENCY

<i>Spanish</i>	Full oral and written fluency
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