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## **CHRISTOPHER A COOK, PhD, LCMHCA**

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### **Curriculum Vitae**

#### **EDUCATION**

- Ph.D. Counselor Education and Supervision, 2017**  
**University of South Carolina, Columbia, SC**  
CACREP Accredited Doctoral Program  
Dissertation Title: *Posttraumatic Growth Development: Core Belief Disruption, Event Centrality, and Time Since Trauma*
- M.A. Christian Counseling, 2010, Magna Cum Laude**  
**Gordon-Conwell Theological Seminary—Charlotte, Charlotte, NC**  
Fulfilled LPC and MFT Track Requirements
- M.Div. 2010, Cum Laude**  
**Gordon-Conwell Theological Seminary—Charlotte, Charlotte, NC**
- B.T.S. Biblical Studies, 2005, Summa Cum Laude**  
**The King's College and Seminary, Van Nuys, CA**
- A.F.A. Music, 1999, High Honors**  
**Catawba Valley Community College, Hickory, NC**

#### **PROFESSIONAL EXPERIENCE**

**Assistant Professor of Counseling (2017-Present)**

**Instructor in Counseling (2015-2017)**

**Gordon-Conwell Theological Seminary—Charlotte, Charlotte, NC**

- Teach graduate level courses to counseling students
- Provide academic advisement for counseling students
- Provide ongoing clinical supervision for students in practicum and internship
- Conduct admissions interviews and participate in new student selection

**Associate Director of Graduate Programs in Counseling**

**Gordon-Conwell Theological Seminary—Charlotte, Charlotte, NC, 2012-2015**

- Provide academic advisement for counseling students
- Provide ongoing clinical supervision for students in practicum and internship
- Conduct admissions interviews and participate in new student selection
- Oversee administration in counseling department
- Develop, plan, organize, and market two continuing education events each year

**Owner, Individual and Family Therapist**

**Renewed Hope Counseling, 2011-Present**

- Build financially profitable practice from the ground up
- Provide court-appointed assessment and therapy
- Provide individual, couple, and family therapy for community

**Individual and Family Therapist**

**LivingWell Counseling and Coaching, Huntersville, NC, 2012-2013**

- Provide individual, couple, and family therapy to community

**Outpatient Therapist**

**A Caring Alternative, Morganton, NC, 2011-2013**

- Specialize in assessment and diagnosis
- Provide therapy for clients with diverse racial, spiritual, and socioeconomic backgrounds

**Counseling Intern (240 hours)**

**Child and Family Therapy Center, Mooresville, NC, 2010**

- Develop 12-week marriage enrichment curriculum for groups
- Provide individual and couple therapeutic services to community

**Counseling Intern (240 hours)**

**Piedmont Family Services, Shelby, NC, 2009-2010**

- Facilitate the development of Individualized Educational Plans for child clients
- Consult with clinical and educational specialists to develop individualized care
- Provide individual therapy to community

**Counseling Intern (240 hours)**

**New River Behavioral Healthcare, Statesville, NC, 2009**

- Conduct group therapy for clients with substance abuse issues
- Develop person-centered treatment plan for new clients
- Provide individual therapy to community

**Resident Counselor**

**Rockwell Development Center, Mooresville, NC, 2005-2008**

- Develop youth-oriented anger management program
- Provide clinical/residential interventions for 8-18 year old boys

**TEACHING AND SUPERVISION**

**Teaching**

*Courses Taught as Primary Instructor*

Introduction to Counseling, Introduction to Pastoral Counseling, Group Dynamics, Advanced Christian Counseling Models and Practice, Career and Lifestyle Development, Couples Counseling, Family Systems Theory, Healthy Relationships in Ministry

*Course Taught as Co-Instructor*

Communication Skills in Counseling

*Course as Teaching Assistant*

## Cross-Cultural Counseling

### *Course Development*

- Trauma Counseling. Gordon-Conwell Theological Seminary—Charlotte, 2021. In development.
- MC/PC513 Healthy Relationships in Ministry. Gordon-Conwell Theological Seminary—Charlotte, 2018.
- PC511 Introduction to Pastoral Counseling. Gordon-Conwell Theological Seminary—Charlotte, 2018. For EPC students.
- PC511 Introduction to Pastoral Counseling. Gordon-Conwell Theological Seminary—Charlotte, 2014. With Dr. Steve Klipowicz.

## Supervision

- EDCE 832: Practicum - Individual and group clinical supervisor for Ed.S. Marriage, Couples and Family Counseling graduate student interns. University of South Carolina (Supervisor: Dr. Moody Crews), 2014.
- Clinical Supervisor: Group clinical supervisor for M.A. Christian Counseling graduate student interns. Gordon-Conwell Theological Seminary—Charlotte Counseling Program, 2012-present.

## PROFESSIONAL LICENSURE AND CERTIFICATION

- Licensed Professional Clinical Mental Health Counselor Associate, NC #8788A, 2011-Present
- Ordained Minister – International Church of the Foursquare Gospel, 2001-Present

## HONORS AND AWARDS

- Chi Sigma Iota Counseling Academic and Professional Honor Society
- Phi Alpha Chi Theological Honor Society
- Byington Scholar, Gordon-Conwell Theological Seminary—Charlotte
- The Herschel and Cornelia Everett Foundation Scholarship, Gordon-Conwell Theological Seminary—Charlotte
- Psi Chi National Honor Society in Psychology

## RESEARCH AND PRESENTATIONS

### Peer-Review Publication

Boccia, M. L., **Cook, C.**, Marson, L., and Pedersen, C. (2020). Parental divorce in childhood is related to lower urinary oxytocin concentrations in adulthood. *Journal of Comparative Psychology*. (In press).

Carlson, R. G., Fripp, J., **Cook, C.**, and Kelchner, V. (2015) Examining intimate partner violence, stress and technology among young adults. *The Professional Counselor* 5(3), 365-378.

### Professional Presentations

**Cook, C. A.** (2019, July) *Resources, Roadblocks, and Inroads: Mental Health Care in Christian Religious Communities*. 60 minute content session presented at ASERVIC 2019 Conference, Colorado Springs, CO.

Maclin, V. L., **Cook, C. A.** (2017, July) *Religious Institutions' Ethical Response to Changes and Challenges*. 90 minute education session presented at ASERVIC 2017 Conference, Richmond, VA.

**Cook, C.A.**, Maclin, V. L., and Kulbok, A. (2017, April) *Homelessness: Barriers that Emerge to Treatment*. 60 minute education session presented at CAPS 2017 International Conference, Chicago, IL.

**Cook, C. A.**, and Dye, J. (2015, July) *Developing Spiritual Competency in Students and Supervisees*. 60 minute education session presented at ASERVIC 2015 Conference, New York, NY.

Evans, K. M., **Cook, C.**, Rogers, T. Mosely, Y., Wright, L. and Gordon, L. (2015, February) *How Advocacy Projects Help Students Take Action*. Breakout session presented at Cross-Cultural Counseling and Education Conference for Research, Action, and Change, Savannah, GA.

**Cook, C. A.** (2014, February) *MFT Professional Identity: Finding a Place in the Counseling Community*. Breakout session presented at 8<sup>th</sup> Annual Counseling Graduate Student Conference, Upsilon Sigma Chi Chapter of Chi Sigma Iota, Columbia, SC.

**Cook, C. A.** and Boccia, M. (2009, November) *Correlations Between Early Parental Separation And Adult Social Motivation*. Poster session presented at the meeting of Christian Association for Psychological Studies, East Conference, Chambersburg, PA.

### **Invited Presentations**

Martin, N., Mayer, R., and **Cook, C. A.** (2018, March) *System Overload: Technology, Burnout, and the Church*. Gordon-Conwell Theological Seminary—Charlotte Alumni Forum, Charlotte, NC.

**Cook, C. A.** (2014, April) *Addressing Spirituality in Clinical Practice*. Invited by Upsilon Sigma Chi Chapter of Chi Sigma Iota, Columbia, SC.

**Cook, C. A.** and Suggs, L. (2013, October) *DSM-5: Implications for Practice*. Continuing education event at Gordon-Conwell Theological Seminary—Charlotte, Charlotte, NC.

### **PROFESSIONAL SERVICE**

#### **Gordon-Conwell Theological Seminary—Charlotte**

- Student Life Committee, 2017-2018
- Judicial Committee, 2016-2017
- Admissions Standards Committee, 2013-2014
- Interdepartmental Shareholders Committee, 2012-2013
- Academic Affairs Committee, 2012-2013, 2015-Present

## **PROFESSIONAL DEVELOPMENT**

- ACA National Conference, 2019.
- EMDR Training: Weekend 1 and Weekend 2, 2018.
- Emotionally Focused Therapy Externship, 2017.
- ASERVIC National Conference, 2017.
- CAPS International Conference, 2017.
- ASERVIC National Conference, 2015.
- Cross-Cultural Counseling and Education Conference for Research, Action, and Change, 2015.
- Annual Counseling Graduate Student Conference, 2014.
- DSM-5: Personality Disorders, Depressive Disorders, Bipolar Disorders, Anxiety Disorders, Addiction Disorders, Autism Spectrum Disorders, 2013.
- Fundamentals of Supervision, 30 CE hour course, 2012.
- Clinical Use of LOCUS and CALOCUS, 2012.
- Depression and Suicide Refresher, 2012.
- Childhood Obesity Training, 2012.
- CAPS Eastern Conference, 2009.

## **PROFESSIONAL MEMBERSHIPS**

- American Counseling Association Professional Member.
- American Association of Christian Counselors Member, 2012-2013.
- Association of Counselor Education and Supervision Professional Member.
- Association of Spiritual, Ethical, and Religious Values in Counseling Professional Member.

## **COMMUNITY SERVICE**

### **Selected Speaking**

#### Guest Speaker

- Forest Park Presbyterian Church, Statesville, NC (2012)
- Grace Covenant Statesville, Statesville, NC (2010-2011)
- The River, Cornelius, NC (2010-2011)

#### Adult Education Teacher

- Grace Covenant Statesville, Statesville, NC (2010-2011)
- Cornerstone Church, Denver, NC (2002-2010)
- The River, Cornelius, NC (1998-2002)

### **Selected Ministry Experience**

#### Pastoral Experience

- Associate Minister, Lakeshore Christian Fellowship, Tega Cay, SC, 2013-Present.
- Associate Minister, Grace Covenant Church—Statesville, Statesville, NC, 2011-2013.
- Senior Pastor, Cornerstone Church, Denver, NC, 2006-2010.
- Associate Pastor, Cornerstone Church, Denver, NC, 2002-2006.
- Young Adult Pastor, Lake Norman Family Ministries, Cornelius, NC, 1998-2002.

Other Experience

- Volunteer Sound Technician. Lakeshore Christian Ministries, Tega Cay, NC, 2013-present.
- Church Council Member, Lake Norman Family Ministries, Cornelius, NC, 2000-2002.
- Volunteer Worship Leader, Lake Norman Family Ministries, Cornelius, NC, 1998-2002.
- Volunteer Sound Technician, Lake Norman Family Ministries, Cornelius, NC, 1998-2002.

**Selected Other Experience**

- Elementary and High School Teacher, New Beginnings Christian Academy, Cornelius, NC, 1999-2005.
- Day Camp Counselor, Great Adventure Day Care, Cornelius, NC, 1998-1999.

**REFERENCES**

Dr. Ryan Carlson  
Assistant Professor, University of South Carolina  
803-777-2889  
[carlsorg@mailbox.sc.edu](mailto:carlsorg@mailbox.sc.edu)

Dr. Moody Crews  
Clinical Assistant Professor, University of South Carolina  
803-777-0390  
[crewsme@mailbox.sc.edu](mailto:crewsme@mailbox.sc.edu)

Dr. Kathy Evans  
Counselor Education Program Coordinator, Associate Professor, University of South Carolina  
803-777-1937  
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