

Cynthia Malcolm Fisher, LMFT, LMHC

Education

Ph.D. Student in Counselor Education and Supervision

Regent University, Virginia Beach, VA
CACREP Accredited

Expected graduation: May 2025

Master of Arts in Counseling

Gordon Conwell Seminary, Hamilton, MA
CACREP Accredited

May 1999

Bachelor of Arts in Economics

Wheaton College, Norton, MA

May 1992

Licensure

Licensed Mental Health Counselor, Massachusetts, (LMHC) #5181

Licensed Marriage and Family Therapist, Massachusetts, (LMFT) #1221

Teaching, Supervision, and Board Experience

Adjunct Professor

Gordon Conwell Seminary, Hamilton, MA

September 2022 - Current
September 2002 – May 2005

- Adjunct Professor for CO873A Professional Seminar Class
- Provided Clinical Supervision and advised on clinical documentation for internship and practicum sites following CACREP standards
- Grading assignments and providing academic support
- Treatment Planning with student interns.

Adjunct Professor

Missio Seminary, Philadelphia, PA

August 2022 – May 2023

- Adjunct Professor for Models of Counseling – MAC 704
- Teaching Assistant in MAC 602 and MAC 600
- Clinical supervision for Internship and Professional Seminar I (MAC 600)
- Interacting via discussion boards with students in Counseling & Physiology (MAC 602)
- Grading assignments and providing academic support as needed

Ukraine Project Institute Clinical Supervisor

Regent University, Virginia Beach, VA

August 2021 – June 2022

- Supervising Ukrainian Interns with an interpreter over Zoom
- Utilizing Moodle to upload student videos and feedback evaluations
- Teaching Gottman methodology to MFT interns/supervisees during supervision to include content applicable to clients enduring war and trauma
- Documentation and counseling video reviews
- Best practice & training of interns from ACA & AAMFT code of ethics

Supervisor

June 2003 - present

CMF Psychotherapy Services & Quadra Counseling Associates, LLC, Beverly, MA

- Provide clinical supervision to counselors who are working towards licensure
- Provide guidance on LMFT and LMHC hours regarding direct client services
- Provide supervision to licensed therapists for documentation and treatment planning

Board Member

Church Therapy Associates

April 2022 – present

- Serving on the Church Therapy Associates board to help further the mission of the non-profit that provides accessible and affordable mental health services to churches and Christian college settings

Ph.D. Student Advisory Board Member

Regent University CES Advisory Board

May 2023 – present

- Serving on the CES Advisory Board to help further and develop quality curriculum that line of with CACREP standards. Evaluation of student learning outcomes and objectives.

Research and Proposals

- ACA Conference Presenter: Supervisors Experience: Cross-Cultural Supervision with Ukrainian Supervisees in War (60-minute education session), Toronto, Canada March/April 2023
- NARACES Poster Presentation: Supervising Ukrainian Counselors in a War Zone Pittsburgh, PA November 2022
- AMHCA Conference author contribution: Domestic Violence Against Military Men: Equality in Screening and Prevention, Las Vegas, Nevada June 2022
- HSRC Approved Qualitative study – Cross-Cultural Supervision with Ukrainian Supervisees: Supervisors supporting supervisees experiencing adversity and trauma during warfare with Russia September 2022

Clinical Experience

Founder/Clinical Director/Counselor,

September 2008 – present

Quadra Counseling Associates, LLC, Beverly, MA

- Established group counseling practice, hired and train clinical staff
- Partnered with local domestic violence groups and local police to train clergy about IPV
- Provide counseling to individuals and couples
- Developed and hired staff for the billing department
- Developed group practice policies and procedures
- Initiate partnerships with local physicians and mental health groups for service coordination

Founder/Counselor

January 2002 – August 2008

CMF Psychotherapy Services, Beverly, MA

- Implemented business plans to help start private practices for other local therapists
- Provided family therapy and parenting evaluations from DCF referrals
- Conducted one-day intensive Wives in the Battle Workshops
- Provided counseling to couples surviving extra-marital affairs

Supervisor

June 2000 – February 2001

South Bay Mental Health Center, Lowell, MA

- Initiate partnerships with Lowell public schools and the Department of Children and Family
- Coordinate intakes and hospital discharges for high-risk clients
- Hire and train staff psychotherapists
- Evaluate new staff at three-month and 1-year reviews
- Organizing and presenting at the weekly staff meeting.

Staff Counselor

May 1999 – June 2001

South Bay Mental Health Center, Lowell, MA

- Provided counseling to children, teens, adults, and families
- Interviewed family members for Trauma Evaluations for DCF
- Assisted parents in reunification from having children in foster care to home

Psychology Intern

September 1997 – May 1999

Willowdale Center for Psychological Services at Gordon College, Wenham, MA

- Provided counseling to Gordon College students
- Compiled a bi-yearly report for the Dean of Students regarding counseling statistical data
- Coordinate intakes for new clients and assign interns
- Advocating for students with academic support

Intern/Relief Milieu Staff

September 1996 – July 1997

Cape Ann Adult Treatment Center, Gloucester, MA

- Co-lead small groups for dual diagnosis clients: smoking cessation and stress reduction
- Worked with clients in a therapeutic milieu: socialization, games, art, community meal prep

Volunteer

August 1998 – January 2000

Dana Farber Cancer Institute, Boston, MA

- Psychosocial support for patients and families
- Assist female patients (women and girls) with wig fitting and post-mastectomy attire

Professional Organizations

American Counseling Association

Association for Spiritual, Ethical, and Religious Values in Counseling

American Mental Health Counselors Association

Massachusetts Mental Health Counselors Association

American Association of Marriage and Family Therapists

Christian Association for Psychological Studies

Presentations/Service to the Community

Home Improvement Ministries Regional Marriage Conference (Conflict Resolution – Gottman Method)	February 2023
International Association for Resilience and Trauma Counseling-Div. of ACA (Trauma Informed Supervision – Enhancing Safety and Trust)	October 2023

Certifications and Training

Psychological First Aid Certification	March 2023
EMDR Basic Training I Certification	March 2022
Domestic Violence Advocacy Certification	May 2018
Gottman Level 3 Marriage and Couples Training	June 2017
Gottman Level 2 Marriage and Couples Training	June 2016
Gottman Level 1 Marriage and Couples Training	June 2015

Honors Society

Chi Sigma National Honor Society, Co-Chair Communications Team Regent University, Virginia Beach, Virginia	March 2022 – Current
Psi Chi National Honor Society President Gordon Conwell Seminary, Hamilton, MA	1998-1999
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