

Jackie E. Perry, PhD, LCMHCS, ACS

CURRICULUM VITAE

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MISSION STATEMENT

To encourage, equip, and empower counselors
to become excellent facilitators of change

EDUCATION

REGENT UNIVERSITY (CACREP ACCREDITED) Virginia Beach, Virginia Doctor of Philosophy in Counselor Education	August, 2020
GEORGIA STATE UNIVERSITY (CACREP ACCREDITED) Atlanta, Georgia Master of Science in Community Counseling	August, 1991
RICHMONT UNIVERSITY (formerly PSI) Atlanta, Georgia Certificate, Christian Counseling	August, 1991
DUKE UNIVERSITY Durham, North Carolina Bachelor of Science in Psychology	May, 1989

LICENSES and CERTIFICATIONS

NC Licensed Clinical Mental Health Counselor (#879)	1994 - Present
NC Licensed Clinical Mental Health Supervisor (#S879)	2011 – Present
SC Licensed Professional Counselor and Supervisor (#10959)	2025 - Present
National Certified Counselor #31101	1991 - Present
Approved Clinical Supervisor #3432	2019 - Present

PROFESSIONAL MEMBERSHIPS

American Counseling Association (ACA)
North Carolina Counseling Association (NCCA)
Association for Counselor Education and Supervision (ACES)
Christian Association for Psychological Studies (CAPS)

PROFESSIONAL WORK EXPERIENCE

COLUMBIA INTERNATIONAL UNIVERSITY

2024 - Present

Professor, Clinical Counseling Graduate Program
Columbia, South Carolina (Remote Position)

- Courses: Marriage and Family Counseling, Counseling Techniques, Special Topics: Internal Family Systems, Internship, Personal & Spiritual Formation, Professional Orientation & Ethics, Practicum

THE SOULWELL CENTER

2022 – Present

Founder/President

- Launched and lead non-profit organization to address loneliness and mental health crisis by equipping ordinary people to become attuned listeners
- Facilitate deeper connections
 - by equipping listeners through training and practice groups
 - by offering intensive trainings for non-profit and private organizations to equip members to become more attuned listeners
 - by leading community groups that foster listening skills and personal growth through story engagement
- Developed 12-week Empathic Listener Training program
- Lead Confessional Communities based on Curt Thompson's Being Known Model

MONTREAT COLLEGE – ADULT & GRADUATE STUDIES

2022 – 2023

Clinical Mental Health Counseling, Program Director
Assistant Professor, Clinical Mental Health Counseling
Asheville, North Carolina

- Provided leadership for the CMHC faculty and students
- Ensured CACREP compliance and reported updates or changes in program
- Courses: Professional Orientation to Counseling, Counseling Theories, Internship, Child and Adolescent Counseling Multicultural Counseling

ASBURY THEOLOGICAL SEMINARY

2021 – 2022

Visiting Assistant Professor, Counseling
Orlando, Florida

- Courses: Internship, Counseling Theories, Career Counseling, Counseling Relationship, Crisis Counseling

LENOIR RHYNE UNIVERSITY

2017 – 2021

Adjunct Faculty, Clinical Mental Health Graduate Program
Asheville, North Carolina

- Courses: Counseling Techniques, Advanced Counseling Techniques, Practicum, Professional Orientation and Ethical Practice, Child and Adolescent Counseling, Crisis & Trauma

CORNERSTONE COUNSELING CENTER

2003 - 2023

Adolescent, Emergent Adults, and Family Therapist
Hickory/Asheville, North Carolina

- Provide counseling services for adolescents, emergent adults,

and families

- Consult with parents and community organizations seeking information and support related to adolescent and emergent adult mental health
- Specialty areas include anxiety disorders, obsessive compulsive disorder, depression, trauma, family conflict, relationship problems, and adolescent rebellion

APPROVED CLINICAL SUPERVISOR

2017 - Present

Supervise North Carolina counselors with provisional licensure
Asheville, NC

- Provide weekly supervision for 8-10 counselors in a variety of clinical settings

REGENT UNIVERSITY

2019

Teaching Assistant, Counselor Education and Supervision
Doctoral Program
Virginia Beach, Virginia

- Assisted faculty member with grading, record keeping and other miscellaneous projects
- Facilitated small group discussions
- Supported research groups

COUNSELING AND PSYCHOLOGY RESOURCES

1998 - 2001

Counselor, Private Practice
Hickory, North Carolina

- Provided counseling for children, adolescents, and families.
- Co-led seminars for schools and community on various topics related to child, adolescent, family mental health

WELCOME ELEMENTARY SCHOOL

1994 – 1995

School Counselor
Lexington, North Carolina

- Provided brief, individual counseling sessions for students
- Developed and implemented six weekly counseling groups
- Participated in intervention and screening teams

CROSSROADS MENTAL HEALTH

1993 - 1994

Director, Crestview Day Treatment Ctr.
Mt. Airy, North Carolina

- Developed and implemented day treatment program (North Carolina Willie M. Program).
- Conducted crisis and individual counseling for students.
- Supervised four therapists and two teachers.
- Provided weekly in-service training.
- Coordinated admissions and referrals process for four area school Systems.

UNITED METHODIST CHILDREN'S HOME

1991 – 1993

Primary Therapist
Worthington, Ohio

- Conducted individual and family therapy for adolescents in a residential treatment center.
- Conducted individual and family therapy for pregnant and parenting

- teens in a group home.
- Led four weekly therapy groups (Anger Management, Survivors of Sexual Abuse, Social Skills and Art Therapy).

HONORS and AWARDS

Emerging Leader, Association for Counselor Education and Supervision (ACES) 2017
Faculty Teaching Award, Montreat College, 2023

PUBLICATIONS

Perry, J. E. (2020). *Coping Strategies of First-Year College Students from Christian High Schools* (Doctoral dissertation, Regent University).

Perry, J. E. (2019). *The Heart Cry of Every Teen: Eight Core Desires that Demand Attention* NC: Straight Street Books (Iron Stream Media)

Mauger, P. A., Perry, J. E., Freeman, T., Grove, D. C. (1992). The measurement of forgiveness; preliminary research. *Journal of Psychology and Christianity*, 2, 170-180.

Monthly parenting article, Polished Conference Magazine 2016 - Present

Monthly parenting article, Sophie Woman's Magazine 2014 - 2016

Monthly parenting column, Hickory Daily Record 2006 – 2007

PROFESSIONAL PRESENTATIONS and SEMINARS

Perry, J.E. & Spencer, J (Host). (2025, Oct. 20). Unnamed. Release Date TBA.

Perry, J.E. & McDaniel, M. 2025, October. *Fostering the Flourishing of Counselors: Interating Embodiment Practices into Counselor Education and Supervision*. Association of Counselor Educators and Supervisors (ACES), National Conference, Philadelphia.

Perry, J.E. & Howe, L. (Host). (2025, March 6). *Why Good Listening is Hard—and How to Get Better at It with Dr. Jackie Perry* [Podcast Episode 173].

<https://podcasts.apple.com/us/podcast/173-why-good-listening-is-hard-and-how-to-get-better/id1580616639?i=1000698078110>

Perry, J.E. 2025, March. *Enhancing Supervisee Development of Person, Processes, And Practices in Clinical Supervision*. Supervisor Training, Columbia International University, Columbia, SC

Perry, J.E. 2025, February. *Assessing and Addressing Stress and Anxiety in Children and Teens*. Parent Seminar, Grace Mills River Church, Mills River, NC

Perry, J.E. 2024, November. *Soul Care after a Catastrophe*. Ridgecrest Conference Center, Ridgecrest, NC

Perry, J.E. 2024, October. *Empowering the Church to Lean in and Learn how to Love by Listening Well*. Hope Made Strong - Church Mental Health Summit, Canada

Perry, J.E. & Howe, L. (Host). (2024, July 18). *Trained Listeners Can Transform Your Church with Dr. Jackie Perry* [Podcast Episode 147]. <https://www.hopemadestrong.org/podcasts/the-care-ministry-podcast/episodes/2148752885>

Perry, J.E. 2024, July. *Parenting Seminar: From Principles to Practice*. Asheville Academy for Girls, Asheville, NC

Perry, J.E. 2024, May. *Parenting Seminar: Attachment Principles*. Asheville Academy for Girls, Asheville, NC

Perry, J.E. 2024, May. *The Attuned Listener: Inviting Others to Feel Seen and Known*, 6-hour Listener Training, Mountain Area Pregnancy Services (MAPS), Asheville, NC

Perry, J.E. 2024, March. *Seen & Known: The Transformative Power of Listening Well*. 6-hour Listener Training, Alongside Families, Asheville, NC

Perry, J.E. 2024, February. *The Story of Parenting: Why the Tale You Tell Yourself Matters*. Asheville Christian Academy, Asheville, NC

Perry, J.E. 2024, February. *Connected and Lonely Seminar*. Technology and Parenting Conference. Lake Hills Church, Asheville, NC

Perry, J.E. 2023, September to November. *The Attuned Listener Training*. Ridgecrest Camp and Conference Center Private Training.

Perry, J.E. 2023, September. *Learning to Listen*. Small Group Leadership Training, Highland Christian Church, Asheville, NC

Perry, J.E. 2023, March. *Meet me. Mend me. Move me. Reflecting the Power and Presence of Christ in Our Homes*, Women's Retreat, Highland Christian Church

Perry, J.E. 2022, November. *How Am I Really doing?* Christian Camp and Conference Association National Conference

Perry, J.E. & Detweiler, G. (Host). (2022, October 4). *Raising Teen Girls: A Conversation with Dr. Jackie Perry*. <https://pauserenewnext.com/2022/10/04/raising-teen-girls-a-conversation-with-jackie-e-perry-phd-lcmhcs/>

Perry, J.E. 2022, March. *Meet Me. Move Me. Mend Me. Reflecting the Power and Presence of Christ in our Homes*. Asheville Christian Academy. Asheville, NC

Perry, J.E. (2017, 2018, 2019, 2022) Various Parent- Related Topics. Annual Parenting Together Event. Asheville Christian Academy, Asheville, NC

Perry, J.E. 2019, September. *Unfiltered: The Impact of social media on adolescent development*. Presented at the Trivette Symposium, Catawba Valley Medical Center, Hickory, NC.

Perry, J.E. 2019, March. *The Heart Cry of Every Human: Unmasking our deepest longings*. Presented at Samaritan's Purse, Boone, NC

Perry, J.E. 2019, March. *Parenting Practices that Nourish the Soul*. Presented at Asheville Christian Academy, Swannanoa, NC

Perry, J.E. 2019, January. *Sticky Treatments: Integrative Creativity and Neurobiology into CBT Protocols to Improve Outcomes for Child/Adolescent Anxiety Disorders*. Presented at University of Central Florida Counseling Conference, Orlando FL

Perry, J.E. 2019, January. *Incorporating Neurobiology into Work with Adolescent Clients*. Presented at University of Central Florida Counseling Conference, Orlando FL

Perry, J.E. 2019, January. *Behind the "Scenes": Understanding and Responding to Stress, Anxiety, and Anger in Kids and Teens*. Presented at Church of the Ascencion, Hickory, NC

Perry, J.E. 2018, August. *Understanding and Responding to Stress, Anxiety, and Anger in the Classroom*. Presented at Cornerstone Christian Academy, Hickory, NC

Perry, J.E. 2015. *Caring for Adolescents in Pain: Professional insights & practical tools*. Presented at Cornerstone Institute, Continuing Education Seminar, Hickory, NC

Perry, J.E. 2013, May. Keynote Speaker, Chi Sigma Iota, Lenoir-Rhyne University, Hickory, NC

Perry, J.E. 2013, March. *Adolescents Today: Uncharted Territory*. Keynote Speaker, Hickory 4H Luncheon, Hickory, NC

Perry, J.E. 2012, October. *Understanding and Addressing Depression*. Presented at Cornerstone Institute, Hickory, NC

Perry, J.E. 2012. *Counseling Adolescents*. Presented at the Licensed Professional Counselors Association of North Carolina State Conference, Raleigh, NC

Perry, J.E. 2011- 2012. *Counseling Adolescents: Ethical Considerations and Practical Strategies*. For LPCANC, Regional Continuing Education Seminars (Raleigh, NC; Asheville, NC)

Perry, J.E. 2011. *A World Apart: Impact of Culture on Adolescent Development* Presented at LPCANC State Conference, Raleigh, NC

Perry, J.E. 2010. *Counseling Teens Today, Part 1 and Part 2*. Presented at LPCANC State Conference, Raleigh, NC

Perry, J.E. 2008. *Ethics and Counseling Minors*. Presented at LPCANC State Conference, Raleigh, NC

Perry, J.E. 2006. *Digging Deeper with Teens*. Presented at Catawba County Sexual Assault Response Team Conference (SART)