

Kelsea L. Fox, MA, LCMHC, NCC

EDUCATION

Ph.D. Candidate in Counselor Education and Supervision August 2023 – present
Regent University, Virginia Beach, Virginia

Master of Arts in Christian Counseling May 2022
Concentration: Clinical Mental Health Counseling
Gordon-Conwell Theological Seminary, Charlotte, North Carolina
Magna Cum Laude

Bachelor of Science in Sociology August 2012
Concentration: Family Development
Appalachian State University, Boone, North Carolina

PROFESSIONAL LICENSURE/CERTIFICATIONS

Licensed Clinical Mental Health Counselor, North Carolina 2022 – present
License #17753

National Certified Counselor 2022 – present
Certificate #1674955

PROFESSIONAL EXPERIENCE

Teaching Experience

Adjunct Professor January 2025 – present
Gordon-Conwell Theological Seminary, Charlotte, North Carolina

- Courses taught:
 - CO 718 Group Dynamics
 - CO 610 Lifespan Development

Doctoral Intern August 2024 – August 2025
Gordon-Conwell Theological Seminary, Charlotte, North Carolina

- Co-taught class lessons for CO 610 Lifespan Development, CO 712 Multicultural Diversity in Counseling, CO 710 Psychopathology and CO 618 Community-Based Counseling
- Provided feedback and grades for CO 610 Lifespan Development, CO 710 Psychopathology and CO 618 Community-Based Counseling

Professional Teaching Assistant August 2022 – May 2024
Gordon-Conwell Theological Seminary, Charlotte, North Carolina
CO 540, Helping Relationships

- Reviewed student triad session videos and provide developmentally appropriate feedback
- Facilitated role-play for a small group of students to practice basic counseling skills (open/closed questions, showing empathy, reflecting feeling, etc.)

Graduate Teaching Assistant September 2021-May 2022

Gordon-Conwell Theological Seminary, Charlotte, North Carolina

- Courses:
 - MC/PC 513, Healthy Relationships in Ministry
 - Assisted in grading and delivering feedback for student assignments
 - CO 710, Psychopathology
 - Prepared weekly quiz and final exam material
 - Evaluated and delivered feedback for weekly treatment plan assignments

Supervision Experience

Adjunct Professor

May 2024 – August 2025

Gordon-Conwell Theological Seminary, Charlotte, North Carolina
CO 875, Clinical Counseling Supervision

- Facilitated weekly clinical group supervision
- Reviewed student video/audio from clinical site
- Provided feedback and grades on case conceptualizations

Supplemental Clinical Supervisor

September 2023 – May 2024

The American University in Cairo: Psychological Counseling Services and Training Center, Cairo, Egypt

- Provided weekly supplemental supervision for master's level counseling students in clinical internships

Counseling Experiences

Clinical Mental Health Counselor

2022 – present

Heritage Therapy Services, PLLC, Boone, North Carolina

- Found private practice in Boone, NC in order to provide mental health services for rural demographic
- Maintain caseload between 12-15 clients per week
- Specialize in issues of anxiety, identity issues, trauma and relational distress in adults and adolescents

Client Services Coordinator

May 2019 – October 2024

The Hope Center, Boone, North Carolina

- Oversaw the execution of mentoring program and internal services for the duration of client's pregnancy and continuing care until the client's case is closed
- Created 16-week educational curriculum for mentoring program to better equip participants and volunteers to identify mental health and postpartum distress
- Assisted clients in discussing and processing stressors surrounding an unintended pregnancy

Graduate Counseling Intern

2021

Mt. Vernon Counseling Center, Boone, North Carolina

- Provided individual counseling services for adults and adolescents during practicum and two internship rotations

Consultation Experience

Mental Health Consultant

Alliance Bible Fellowship, Boone, North Carolina

2022 – present

- Consult with ministry leaders about mental health, including education, advocacy and referrals for members
- Provide psychoeducational presentations related to the intersection of faith and mental health

The Hope Center

2024 – present

- Consult with non-profit organization to support the mental health needs of perinatal and sexual health work
- Develop and maintain a mental health training manual and program for staff

PROFESSIONAL PUBLICATIONS

Snodgrass, E., Davis-Luke, A., & **Fox, K.** (2025). Partnering with parents in child and adolescent counseling. *North Carolina Counseling Journal*.

Davis-Luke, A., Snodgrass, E., **Fox, K.**, LaFountain, E., Zaporozhets, O. (2025). *Lived Experiences of Ukrainian Translators Working in Transnational Supervision During Wartime: A Consensual Qualitative Research Study*. [Manuscript submitted and under review].

Fox, K., Snodgrass, E., Ellmer, B., Flores, N. (2026). *Initiate, Invite, Instill Approach: Cultural Humility with International Counseling Students During Challenging Times*. [Manuscript submitted and under review].

Fox, K., Davis-Luke, A., Snodgrass, E., Ellmer, B., Flores, N. (2026). *Conceptualizing transnational supervision utilizing the IDM supervision model*. [Manuscript in progress].

PROFESSIONAL PRESENTATIONS

Snodgrass, E., **Fox, K.**, & Spencer, S., & Myers, M. (2025, October 11). *From vision to impact: Honoring the legacy and inspiring excellence within Alpha Omega Lambda* [Poster Presentation]. Chi Sigma Iota (CSI) Days; Association for Counselor Education and Supervision (ACES), Philadelphia, PA.

Davis-Luke, A., **Fox, K.**, LaFountain, E., Snodgrass, E. (2025, October 11). *Mental health impacts on ukrainian translators working in transnational supervision during wartime: A consensual qualitative research study* [Poster Presentation]. Association for Counselor Education and Supervision (ACES), Philadelphia, PA.

Fox, K., LaFountain, E., Davis-Luke, A., Snodgrass, E. (2025, October 10). *Translation as a lifeline: How research on ukrainian translators enhances clinical supervision practices*. [Poster Presentation]. Association for Counselor Education and Supervision (ACES), Philadelphia, PA.

Snodgrass, E., **Fox, K.**, Davis-Luke, A., LaFountain, E. & Zaporozhets, O. (2025, March 26). *Impacts on Ukrainian translators working in transnational supervision during wartime: A consensual qualitative research case study* [Poster Presentation]. American Counseling Association (ACA), Orlando, FL.

Davis-Luke, A., **Fox, K.**, & Snodgrass, E. (2024, October). *Communication in cross-cultural supervision*. [Poster Presentation]. Louisiana Counselor Association Annual Conference, Lake Charles, LA.

Snodgrass, E., Davis-Luke, A., & **Fox, K.** (2024, March 26). *Advanced practices in parent consultation: Child and adolescent counseling* [Online Workshop]. International Institute of Postgraduate Education & Open Doors Center of Psychological Counseling and Traumatherapy, Kyiv, Ukraine.

Fox, K., Davis-Luke, A., & Snodgrass, E. (2024, February 17). *Conceptualizing transnational supervision utilizing the IDM supervision model*. Presented at the North Carolina Counseling Association, Greensboro, NC.

Snodgrass, E., Davis-Luke, A., & **Fox, K.** (2024, February 17). *Partnering with parents and caregivers in child and adolescent counseling: A form of client advocacy*. Presented at the North Carolina Counseling Association, Greensboro, NC.

INVITED PRESENTATIONS

Fox, K. (2023, December 12) *Gender identity and the church* [Workshop] Thoughtful Thursdays Homeschool Co-op: High School Psychology, Boone, NC.

Fox, K. (2023, November 17) *Self-injury: An integrated perspective* [Workshop]. Alliance Bible Fellowship College Connection, Boone, NC.

Fox, K. (2023, October 17) *Boundaries for helpers* [Workshop]. Blueprint: Mothering by Design, Boone, NC.

Fox, K. (2023, March 25) *Walking alongside those who are hurting* [Workshop]. Alliance Bible Fellowship Women's Retreat, Black Mountain, NC.

Fox, K. (2022 April 21) *Gender identity and the church* [Workshop] Thoughtful Thursdays Homeschool Co-op: High School Psychology, Boone, NC.

Fox, K. & Greene, J. (2021, July 31) *Anxiety: I thought we weren't supposed to worry* [Workshop] Laurel Springs Baptist Church, Boone, NC.

CURRENT PROFESSIONAL MEMBERSHIPS

American Counseling Association
 Association for Counselor Education and Supervision
 North Carolina Counseling Association

DIGITAL EDUCATION & SUPERVISION TRAINING

Building Effective Digital Learning Environments (BEDLE) Training
Gordon-Conwell Theological Seminary, Online

Summer 2025

CES 763: Supervision and Consultation
Regent University, Virginia Beach, VA and Online

Fall 2023

ACADEMIC HONORS

Chi Sigma Iota Counseling Academic and Professional Honor Society, *Regent University*, 2024 – present

Academic Merit Scholarship, *Regent University*, 2023 – present

Clinical Counseling Award, *Gordon-Conwell Theological Seminary*, May 2022

Phi Alpha Chi Theological Honor Society, *Gordon-Conwell Theological Seminary*, May 2022 – present

PROFESSIONAL LEADERSHIP & SERVICE

Chi Sigma Iota, Alpha Omega Lambda Chapter, Regent University

August 2024 – present

Co-Chair, Mentorship and Support Committee

Mentorship Committee Member

Mentor for 1st Year CES Student

American Association of Christian Counselors, Regent University

August 2024 – July 2025

Co-Chair, Counseling Liaison Committee